# BACTERIAL CULTURE AND STAINING OF SPUTUM

## Sampling

It is important that the samples are taken **from as deep in the lungs as possible**. Saliva does not suffice as a sample.

**Give a cough and spit the sample directly into the sample container with a screw cap** Close the cap tightly. Make sure that the cap threads are properly screwed in place to prevent the container from leaking.

## The name label is necessary for identifying the sample

Stick a label on to the sample container. Write on it:

- your name
- your social security number
- date of sample

Put the sample in a plastic bag. Close the plastic bag tightly.

You can keep the sample **at home in a refrigerator** (+2 ºC - +8 ºC). Make sure to deliver the sample to the laboratory on the day it was taken.

Samples that have not been taken or packed correctly cannot be examined.

## Further information

For more information, please contact the customer service of Fimlab Laboratoriot Oy, tel. 010 808 515 on weekdays from 7 a.m. to 4 p.m.